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ARTICLE 19, a human rights pioneer, defends and promotes freedom of expression and freedom of information all over the world. Founded upon the 19<sup>th</sup> article of the Universal Declaration of Human Rights which states: “Everyone has the right to freedom of opinion and expression; this right includes freedom to hold opinions without interference and to seek, receive, and impart information and ideas through any media and regardless of frontiers.” ARTICLE 19 monitors, researches, publishes, lobbies, campaigns, sets standards and litigates on behalf of freedom of expression wherever it is threatened.