

[www.mhmawards.org](http://www.mhmawards.org)

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The award promotes media professionals who challenge stereotypes on mental illnesses in a way which presents mental distress as a fundamentally human and commonplace experience and not one to be feared, derided and stigmatised. A certificate is presented to the journalists from broadcast and print media. The organizer is Mental Health Media. The award is being given from 1994 onwards in United Kingdom.